

Better access of the Roma community to the health care in the SR by means of trained health field workers

LOT 2 - Training activities for different target groups: health field workers, local authorities and local medical staff

Monthly report- February 2006

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Original

IDENTIFICATION

Type of Report: monthly progress report

Reporting period: 1.2.2006 – 28.2.2006

Project title: Better access of the Roma community to the health care in the SR by means of trained health field workers – LOT 02

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A. GENERAL PROGRESS

The submitted report elaborated for the month of February 2006 covers the work of the expert team of Lot 2.

In a month of February the third training (final) for HFW took place from 8 – 10th of February 2006 in Lipovce. The time available was also used by project team of lot 01 for administrative issues related to the project. This part of administration is described in details in the monthly report for the month of February for Lot 01.

Work on manuals for HFW and manual for health education in schools continued during the course of this month. These works are expected to be completed by the end of March and they will be given to the project beneficiary for comments.

B. CHANGES AND RISKS

Within the project activities in the month of February, no requirements for changes to the proposed implementation plans were submitted.

As it was mentioned in the January report, we dates of meetings for the representative of state administration and medical personnel were shifted as a result of discussions with relevant partners. Expected dates for this activity are mentioned below.

C. GENERAL PROGRESS

C.I. EVALUATION OF TRAINING FOR HFW PART THREE

C.I.1 Introduction

Title of the training:

Protections against addictions
Provision of first aid

Date and place of meeting:

8. – 10. February 2006, Lipovce, district Prešov

Participants:

Trainers:

■ Eva Balonová, Janka Hažírová, Paula Tománková

Representatives of EuroPlus:

■ p. Hans de Facq, EuroPlus

■ p. Michal Obuch, EuroPlus

Targeted group and number of participants:

■ HFW – 40 persons

■ Peter Németh, Miroslav Sklenka, Miroslav Balon, Nicole Fuchsová

C.I.2 Content of training and programme blocs

I. SEXUAL AND REPRODUCTIVE HEALTH – What we didn't do in training II

Monitoring and control of homework from the previous meeting

II. Provision of first aid and practising the technique

(First aid – most common accidents in Roma settlements)

III. Addictions:

■ Alcoholism

■ Drug addiction

■ Sniffing in Roma settlements

■ Family abuse (under influence of alcohol)

■ Usury in Roma communities

IV. Celebration of granting certificates

V. Feedback, conclusion, what next

Since all the participants knew each other they contributed to a friendly, working and open environment. For the instructors of the project it meant easier job in application of interactive approach to topics (no one of the HFW was shy to present anything what s/he was asked for). On the other

hand, there was a lot of work and activities in each bloc. The programme was prepared according to the needs of HFW. There were a lot of new topics: welfare, view of HFW on poverty in Roma settlements, borrowing of money, usury, economics problems in Roma households and more. The trainers had to take a new attitude toward these topics and they had to agree on common solution to solving of these problems inside the communities.

Preparation of trainers for training:

In Preparation for this meeting we used experience from the first and second meeting and also from the received homework of the HFW. In discussions on how they benefited from the previous meeting the majority of participants mentioned positive experience: how they are gaining thrust of nurses and doctors, principals and Romas in settlements.

We agreed on programme earlier – in accordance to Inception Report - where the programme of individual modules was set. Even if the key issue of the third meeting was supposed to be addiction, we spent equal time on practising and repeating basics of the first aid, monitoring of Roma health condition in micro regions, abuse in families and other related issues.

In cooperation with EuroPlus the trainers prepared a ceremony during which certificates from training were awarded to the HFW.

Preparation of working sheets

We prepared working sheets to selected topics (they will be a part of manuals): problems with drug addiction, health education in preschool, contraception and more.

All working sheets were prepared ahead and copies for 40 clients (first aid and others). Due to lack of time only 40 % of work sheets were used during the training.

Content of training – description

The training programme is described in Annex - Programme of the third training.

Instructors were really satisfied with:

- Selection of HFW
- Discipline of HFW on education
- Motivation of participants to work inside the Roma communities
- Good attitude of HFW towards education
- Interest of HFW for new information and work in the field

Participants were satisfied with the ceremony, which was prepared by company EuroPlus a MH SR. (certificate is in annex of this report).

During the training the HFW met with the director of EuroPlus Mr. Hans De Facq. He personally discussed with each HFW in accordance to micro regions. HFW were demanding from EuroPlus vantages and financial

support (for example: more credit for cell phones, reimbursement of travel expenses and more). Taking into account the high number of HFW the discussions were very time consuming (17 micro regions).

Mr. Hans De Facq showed to all the HFW his understanding to their problems and promised to assist within the possibilities of the project. The discussions were not dry or formal. Even if some of the requests from HFW were not met by EUROPLUS the mood among the HFW continued to be cooperative.

Description of the course of training

(Mood, activity of participants, feedback from participants)

The ambiance of the training was similar to earlier meetings, very friendly and creative. Participants appreciated interactive style of leading of this type of educational training, selection of topics and activities where they could work on them.

Last 45 minutes of the training we spent on feedback. We prepared a form with 12 opened questions. Originals of these forms are attached to this report.

Trainers, coordinators (Mr. Balon, Mr. Sklenka) as well as participants said in their closing speeches that there was a need for further continuation of working meetings with HFW in a short term. They should last only for 1,5 days and they should have only supervisory character, where the participants could speak about their positive and negative experiences and they would learn from experiences of other HFW. Other topics, related to the practical experience from the field should be also discussed as needs occur.

All the participants thanked each other; they appreciated other views, skills and friendliness, which were the foundation for good working environment.

Outputs:

- Questionnaire for monitoring of health conditions of Roma society
- Ability to give first aid
- Obtaining of new information about how to work with families of alcoholics.
- Obtaining of new information about abuse in families
- Modification of position towards usury and housekeeping of Roma's families
- Training of communicative possibilities with families where they have child addicts
- Working sheets about how to give first aid, birth control, needs of young mothers before they go to maternity hospital (all will be a part of manuals), they already learned how to use them by now.

Feedback to the materials:

We did not ask for them. We will ask HFW after they will receive them and used them for a while and they will have some experience from using them.

Feedback to the whole cycle of trainings:

We had processed the results. Originals are parts of this report.

Programme of training

Confirmatory programme of training is showed in appendix D of this report.

C.II. PREPARATION OF TRAINING MANUALS FOR HEALTH EDUCATION

In the month of February work on manuals for education of health care has continued.

Their final version will be completed at the end of March 2006 and they will be submitted to the project recipient.

In the annex is the Overview of training material. In a chart there is a summary of created working materials with short description of topics as well as with recommendation, which from the activities could the HFW performed on their own.

C.III. MEETINGS FOR DOCTORS AND AUTHORITIES

Meetings for doctors and public officials will be organised from 27. until 30. March 2006.

These meetings are organised in cooperation with the LOT 01 of the project.

The main objective of the meeting is to summarise the achieved results as well as open discussions for improving or broadening of cooperation for the upcoming project phases.

The main objectives of the meetings are:

- Provide information to the local doctors and medical personnel from the 59 targeted villages leading towards a close cooperation with HFW and central medical centres which will be cooperating with HFW on daily bases.
- Provide information to mayors, community social workers and other authorities active in the 59 villages (NGO, parish, teachers, and police officers, citizens) to ensure a close cooperation with HFW.

HFW according to micro regions will also participate on these meetings.

Relevant output of meetings will be incorporated to the manuals and they will also create a part of report according to monitored period.

C.IV. CONTINUING TRAINING FOR HFW

During the monitored period were organised the last three training for HFW. According to instructors and project team of lot 01 of the project it is desirable to further continue with the meetings on regular basis. Joint meetings would be used for administrative matters as well as for improving the skills of HFW.

By arranging these kinds of meetings we would be able to react on needs from the settlements in which the project is implemented. We suppose that HFW during their work in the fields will experience problems for which they have not been trained but they only have been informed about them marginally. Raising the number of training would bring more efficiency to the work of HFW in the field and contribute to the objectives of the project.

Project team of LOT 01 and LOT 02 will prepare for the beneficiary of the project arguments, possible frequency and content of training.

In accordance to the preliminary study we are submitting a basic proposal with topics to be the subject of such meetings/training.

- Finish the presentation of topics on which we did not have a time during 10 training days
 - „Meeting“ Work of HFW focused on social work, community work and work of NGO in localities, differentiation of work range
 - Work in health education on elementary schools in the form of out-of-school activities
 - Work with youth in the field of health awareness in the community centres, how to work with young women, future mothers, in the form leisure activity
 - Detabooisation of topics related to sexual and reproductive health for targeted groups of young Roma boys
 - How to work with materials about health education for different target groups
 - How to work with manuals (different parts different methodology)
 - Motivate them for work with manuals so they are not afraid to do health awareness and they believe in their abilities
 - Boost self-confidence of HFW and motivate them for work with people
- Communication of HFW with the representatives of the municipal office, at elementary schools, medical centres, Roma settlements (the need to show more attention to communication is needed and also to know not only theory but to have some practical experience)
- Repeat the range of work of HFW: excluded activities which the people from communities demand but the HFW do not have the authority to do it

- Meetings are proposed to be only supervising: HFW will speak about their successes and failures of their work. Other participants will learn from experiences of their colleagues by listening to them. Not giving advices, not criticising, not rating but only by listening.
- During meetings it will be possible to correct behaving and communication of HFW in a way, that they can motivate workers to future work against the all negative aspects. They will help them to find the right orientation and way to solve problems, especially conflicts.
- All HFW need to meet because they start working on the same project where they are not competitors to each other but they are co-workers and meetings help to keep team spirit. They have been led to it during the course of basic training. Without joint meetings: they would be contacted only by coordinators of the project, they could feel lost in the realisation of the project, no feedback from other colleagues, any enthusiasm and happiness from work.
- These meetings will help to the team of HFW to work as best as they can. Not only during the project implementation but they will try to sell themselves on a job market in helping professions in future time.

D. ANNEXES

The full version of the annexes is provided in the Slovak version of the report. These are the following:

- Programme of the third training
- Overview of training materials
- Evaluation of questionnaires
- Sample of certificate for HFW