

# Better access of the Roma community to the health care in the SR by means of trained health field workers

LOT 2 - Training activities for different target  
groups: health field workers, local authorities  
and local medical staff

Monthly report- March 2005

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## **A. OVERALL PROGRESS**

The submitted monthly report covers the project activities of the expert team of LOT 2 for the month of March 2006.

In the month of March the cycle of meetings with the local doctors and representatives of the state administration took place. The meetings were organised in four cities of Easter Slovakia. Annexed to this report in printed Slovak version are the presentations of two trainers that took part in the meetings. In the annex we also provide objectives and content of the meetings and conclusion to each point of the programme. In the hard copy (Slovak version) of the annex we submit presence lists, filled in questionnaire and return slips.

In the reporting period, the work on creation of manual for the health education as well as manuals for the HFW has been finalised. These materials were sent as working versions to the recipient of the project for comments and approval. After incorporating the comments received from the beneficiary the manuals will be included as annex to the final report.

In the month of March the formal parts of training and meetings were completed. Within the continuing LOT 1 of the project the expert team will continue in regular formal meetings with HFW as well as with the cooperating doctors and representatives of the state administration and other participating organisations.

The summary of outcomes and recommendation of LOT 2 will be subject of the following final report of this lot.

## **B. CHANGES AND RISKS**

Within the project activities in the month of March no requirements for changes of original plans were recorded.

## **C. MEETINGS FOR THE REPRESENTATIVES OF THE STATE ADMINISTRATION AND LOCAL MEDICAL PERSONNEL**

During the reporting period meetings with the local doctors and representatives of the state administration took place.

The meetings were organised in the following towns and on the following dates.

- Prešov – 27.3.2006
- Spišská Nová Ves – 28.3.2006
- Poprad – 29.3.2006
- Košice 30.3.2006

### **C.I. EVALUATION OF MEETINGS**

The meetings were facilitated by the trainer for local medical personnel Mrs. Viera Mosejova and MUDr. Olga Vesela, trainer for the representatives of the state administration.

The main target group of the training was the local medical personnel, health field workers, representatives of the state administration, local experts and other invited guests.

The objective of the training was to map the health status of the citizens of SR focused on the Roma population, clearly name the whole spectrum of risk groups or risk ways of behaviour, preferred by a certain group of population not only Roma.

MUDr. Vesela presented this part and the topic was delivered on a high professional level. The second part of the meetings was the topic “Risk factors in the life of Roma population from the point of view of various forms of addictions”.

Mrs. Mosejova introduced this topic in an understandable form (verbal explanation of terms, demonstration, distribution of inquiries and publications), presented the most risk forms of behaviour of Roma population that lead to deterioration of health as well physical condition of the users. This involved mainly alcoholism, nicotinism of pregnant women, sniffing at early age and gambling (various forms), which is caused by difficult financial situation with, paradoxically, worsening results.

The participants were informed about the whole range of psychological and psychiatric ambulances of the first contact that should provide information about the procedures of the cure in any type of addiction leading to a certain “diet” within this addiction.

It was proposed that presence of professional directly in the settlements explaining roots of this disease and ways to avoid it would be of benefit.

The trainers were pleasantly surprised by the interest demonstrated by the health field workers who, during the discussions as well as after completion of the official part of the meetings sought assistance how to proceed in

cases of sniffing with children of 8-10 years old. The children many times experience with this of curiosity that is sometimes lethal.

### **Prešov**

The first training took place on 27 March in Presov in hotel Senator with the highest number of participants (see presence list)

Trainers:

- Oľga Veselá
- Viera Mosejová

The meeting was led by the team leader Mgr. Peter Nemeth with the presence of project coordinators Ing. Miroslav Balon, Ing. Miroslav Sklenka. PhDr. Eva Balonova also took part as the training coordinator.

### **Spišská Nová Ves**

The second meeting took place on 28.3.2006 in Spisska Nova Ves with the same team of experts and trainers. The participants for over an hour contributed to the topics of discussions by up-to-date observation directly from the field

### **Poprad**

The third meeting took place on 29.3.2006 in Poprad and was led by the same expert and trainer team. The high number of participants and opinions presented proved the importance of the objective of the meeting.

From the point of view of the trainers the high participation (mayors, teachers, doctors, nurses) and the following lively discussion proved the importance of better access of Roma to health care by means of health field workers and better access of health personnel to Roma by means of HFW.

### **Košice**

The last meeting took place on 30.03.06 in Kosice. The expert team was unchanged as was the interest of the audience.

### **Outcomes**

The documents presented on the meetings will be part of the manual for HFW. The manual will assist the health field worker to follow the beforehand-agreed algorithms in emergency situations. The manuals come certainly as one of the practical outputs of these meetings.

Each participant was asked to complete an inquiry. The participants in overall reacted positively on the individual topics and appreciated the practical modules of solutions that arose from these meetings.

Having completed the four meetings that were organised the project will, according to needs plan and organise informal meetings which will be focused on the issues related to health needs, risks and support of health case for the Roma population. During the meeting an attention will be paid about provision of information about the project as well as presenting of achieve results of the project.

## **D. ANNEX**

The following annexes are attached in full to the Slovak version of this monthly report. These are the following:

- Programme of the meetings with the representatives of state administration and medical personnel
- Materials distributed during meetings
  - Mapping inquiry
  - Division of the identified microregions, contacts to the members of the project team and health field assistants
  - Objectives of the project
  - Roles of HFW
- Materials used during meetings