

Better access of the Roma community to the health care in the SR by means of trained health field workers

**LOT 2 – Training activities for different target groups:
health field workers, local authorities and local medical
staff**

Monthly report– January 2006

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A. OVERALL PROGRESS

The submitted report elaborated for the month of January 2005 covers the work of the expert team of Lot 2.

In the month of January the second training for HFW took place from 12th till 14th January 2006 in Lipovce. The HFW arrived on 11th of January 2006 in the afternoon and this provided room for the team of LOT 01 to deal with the administrative matters of the project. The outcomes are summarised in the Monthly report of LOT 01.

Work on manuals for HFW and manual for health education continued during the course of this month. There are supposed to be finalised at the end of March.

B. CHANGES AND RISKS

Within the project activities in January no requirements for changes to the proposed implementation plans were submitted.

The only change is related to organisation of meetings for representative of public authorities and doctors. This resulted from discussions with the relevant partners. For explanations related to this change see Part D.1 Expected dates for activities, Health personnel and local authorities.

C. EVALUATION OF THE SECOND TRAINING FOR HFW

Topic of the training: How to monitor health of Roma, how to deliver first aid

Date and a place of training: 12-14 January 2006, Lipovce, Prešov region

Trainers: Eva Balonová, Janka Hažírová, Paula Tománková

Invited and other guests:

- Zuzana Škublová, MH SR
- Martina Galabová, CFCU – MF SR
- Soňa Gabčová, Government office of the SR
- Michal Obuch, EuroPlus

Target group and the number of participants: HFW, 39 representatives + project team of part 1 - Peter Németh, Miroslav Sklenka, Miroslav Balon, Nicole Fuchsová

Number of missing HFW – Rastislav Žiga, Huncovce

C.I. PROGRAMME

SEXUAL AND REPRODUCTIVE HEALTH

HOW TO MONITOR HEALTH CONDITION OF ROMA

HOW TO DELIVER FIRST AID

In line with the Inception report, our role during the second training was to aim the attention of participants toward these three different blocs of information and activities.

The programme was prepared in a way so that these blocs intersect and thus enhance each other. We wanted to keep attention of the participants on “ticklish” as well as serious issues in the area of monitoring and delivery of first aid.

All trainers agreed that this plan was fully achieved.

C.II. PREPARATION OF INSTRUCTORS FOR TRAINING - DESCRIPTION

During the preparation we took into account the experience which we gained during the course of the first training in December 2005. We wanted to verify, what the participants remembered from the previous training and if they did their homework. We also took into account the results from the feedback filled in during the first training.

The homework was fulfilled by those HFW who had higher education (secondary schools) and those with the best attitude towards the project and sense of their job in the field. By means of homework they learned that the taught techniques work best if they are used.

In preparation of the following programme we took into account the Inception Report, our experience with presenting sexual education to Roma and working sheets elaborated and used before.

In the case of preparation of presentation for the first aid delivery we decided already on the first meeting to seek assistance with those HFW, who have the most experience and education as nurses. Only the most relevant information was delivered. This proved to be the best solution. The whole group took these HFW in a very positive way, nurses knew a lot about usual diseases and accidents inside the communities, so their presentations were precise for the participants of this training. Our decision to give time for five presentations of nurses from HFW was very effective.

C.III. PREPARATION OF WORKING SHEETS , INTERACTIVE ACTIVITIES

(Short description)

Each instructor prepared the working sheets ahead and brought them copied for all participants. In the end only 40% were used during the course of training. The rest will be used during the third training section or will be published in the manuals. All working sheets will be part of the manuals.

C.IV. CONTENT OF TRAINING – PROGRAMME

Training program make a separate part of this report (appendix No. 1).

All the trainers are very happy with selection of HFW. They differ mentally and intellectually, but those which are less communicative and capable try harder to achieve success, to have good work results, or to improve their skills. We really appreciate that.

Three participant of the team are weaker in the area of Roma health. However, this does not call for a radical solution. They need a little bit more time and long-term motivation.

All participants were delighted by the visits from Bratislava. In the beginning they were afraid of officials (they didn't see reason for this), but through the course of both visits their hesitation disappeared. They behaved normally, towards the visitors were open (questions, recommendations, doubts about future) and they appreciated that the people from Bratislava have a real interest in the project and that they care about the project. This really had a positive impact.

C.V. DESCRIPTION OF THE TRAINING (AMBIANCE, ACTIVITY OF PARTICIPANTS, FEEDBACK FROM INDIVIDUALS AND GROUP)

The ambiance during the training was very good. The participants already knew each other, they knew what to expect from each other and from the instructors. Instructors did not ask for feedback because there was no time

and the training volume was very broad. We observed from the participants that they were happy with the training as such.

C.VI. OUTPUTS

Until the next meeting the HFW were requested to prepare all types of questionnaires, which are supposed to be used for monitoring. That is why the HFW were not given any homework

The questionnaires are the following:

- Questionnaire A – health situation of marginal population,
- Questionnaire B – basic information about doctors and personal hygiene,
- Questionnaire C – basic information about the municipality provide by an official of the municipal office,
- Questionnaire D – number of pupils in the particular school and specification of the school, level of hygiene, technical equipment of school,

Working sheet are at disposal and they will be published in manuals.

The deadline for finalisation of the manuals is 31st. March 2006.

C.VII. FEEDBACK ON MATERIALS

The participants were not requested to fill in any.

C.VIII. CONCLUSION

At the end of educational cycle the rating of all the topics and trainers was done by the HFW (points, topics, preparation, usage), in a way so it can be put into a chart.

We are not aware whether the project team of LOT 01 performed similar evaluation. If it did the gathered information can be used and evaluated.

The trainers could not do it because of time shortage.

Košice	21.3.2006
Spišská Nová Ves	22.3.2006
Poprad	23.3.2006

Allocation of micro-regions to individual places of meetings:

Prešov:

- MR 9: Petrová, Frička, Cígeľka, Nižný Tvarožec
- MR 10: Svinia, Chminianske Jakubovany, Kojatice, Chmiňany, Chminianska Nová Ves
- MR 11: Hermanovce, Jarovnice
- MR 12: Varhaňovce, Mirkovce
- MR 13: Červenica, Tuhriná, Lesíček, Žehňa
- MR 14: Hlinné, Soľ, Zámutovej, Čaklov, Jastrabie, Rudlov

Košice:

- MR 2: Kobeliarovo, Roštár, Slavošovce
- MR 15: Čičarovce, Veľké Kapušany, Krišovská Liesková, Drahňov
- MR 16: Vrbnica, Laškovce, Trhovište, Horovce
- MR 17: Boliarov, Rankovce, Kecerovce, Vtáčkovce, Bidovce

Spišská Nová Ves:

- MR 5: Letanovce, Spišské Tomášovce
- MR 6: Markušovce, Rudňany
- MR 7: Bystrany, Žehra, Spišské Vlchy
- MR 8: Richnava

Poprad:

- MR 1: Telgárt, Šumiac, Valkovňa
- MR 3: Podhorany, Slovenská Ves, Výborná, Rakúsy, Huncovce
- MR 4: Spišský Štiavnik, Vydrník, Hrabušice, Betlanovce.

Expected participants of meetings:

- Project team
- Doctors
- Mayors
- Representatives of municipal offices
- Community social workers
- Teachers
- Church dignitaries
- NGO
- Informal leaders
- Social field workers

- Community centre workers
- HFW

Objectives of meetings:

Meeting for doctors and medical staff and representatives of the state administration as well as relevant partners from 59 targeted villages focused on strengthening of cooperation with the project team and HFW, exchange of information and practical ideas on how to improve cooperation.

Roles of the project team in the framework of the monitored period

- Short project summarisation, its objectives and activities
- Coordination of the organisation of meetings
- Cooperation and coordination in elaboration of all training materials. The trainers and the training coordinator agreed on final version of these materials.
 - on content and form of health education for the four groups (for children of the 0 and first classes , 2nd and 3rd classes, children in puberty, future parents)
 - on content and form about manuals for HFW

Table of content of these materials will be given in a chart by 28.3.2006.

E. APPENDIX NO. 1 - PROGRAMME AND AIMS OF SECOND TRAINING FOR HFW

1. day: 12. January 2006

9.00 AM

Introduction:

Welcoming of three trainers: (arriving with a song about three kings):
Ballonová, Hažírová, Tománková

Short reflexion on how we spent the last days of old year and what resolutions we took to the New Year.

All participants have own experiences.

Control of home work:

Motivation of partners

My strong features and strong features of my friends

Motivation of other person

Plan of happy targets for the year 2006. Who look in to it at least ones and who did something for its fulfilling?

Comments: The whole homework was done only by 6 participants: Fraňa, Božka, Marian, Marienka, Iveta, Janka. Next 5 did only some parts of homework. This was the reason for Mrs Hažírová to set a task: during the break they all have to phone somebody and motivate him according to learned technique.

Next 20 min. we discussed about their results.

All, who did this were pleasantly surprised with the results and they promised to motivate more people especially clients or children.

How to monitor the health condition of Roma

How to prepare for monitoring, who to address, with whom communicate, how to fill in questionnaires – it was slowly taught by Mrs. Eva Balonová.

Step by step she went through the 4 questionnaires: for doctors, for municipal office, for schools and special schools, other stakeholders

HFW were constantly asking questions to clarify issues related to monitoring as well as dates for preparation, elaboration and submission of monitoring reports.

System and structure of medical facilities in the SR, System of providing health care in the SR

Information about services in ambulant, hospital and other types of health care was delivered by Mrs. Balonová. She informed very clearly about hierarchy of professional care – about jobs and responsibilities of local clinics up to the specialised medical clinics, where the specialist are taking care of clients in different medical fields.

Introduction of the second part of the project – What is sexual education.

Story from Vranov – children in kindergarten and their sexuality

What is not a sexual education?

Activity: Who taught me about sex – debates in group of 6 people

Why it is difficult for me (man, woman, adolescent) to speak with my children about intimate questions of life.

Presentation of opinions in groups.

13.15 – 14.30 PM

Lunch break

Preparation of young people for relationship

Mutual discussion (in smaller groups and latter in the whole group) about why it is good for young people firstly just date together and after that start with sex.

Preparation of young people for relationship. How long they date together?

How long they date before starting sexual life?

How long we dated our partners?

What is your opinion on engagement?

Picture of intimate and sexual life of young Roma in settlements.

Mutual brainstorming why boys and girls in their childhood start having sexual relationships and establish families (is it the lack of interest in further education?) After completing the elementary school many of young people think about establishing of a family as a result of boredom in the settlement.

We observe that a problem of young Roma children is low education. Young Roma studying at secondary schools are not having early relationships and they live as majority of young people.

18.15 PM –

End of first day of training

2. day: 13. January 2006

9.00 – 13.00 PM

- Roma anthem – choral singing of participants.
- Activity with pencils:
- How we can concentrate.

Language in sexual education

We should speak about our sexual life, love, sexual body parts and sexuality in a nice and dignified way.

Principles of work in fields, rules of work with clients

The trainer formulated 14 rules of work for HFW with clients inside settlements. They are based on her own experiences in Roma settlement Hermanovce. Rules will be published in manuals.

One HFW, Zoli, proposed one more proven rule (his practical experience): not to criticise but praise, praise, praise!

Flower of health

Sum of activity we did on the first meeting for HFW.

Flower of our sexual health

Physical, social, mental, emotional and environmental health.

Their application to our intimate and sexual life.

Work in groups and presentation through spokesman's of the groups.
Activity: Find somebody who..... (according to working sheet). All questions are related to problems of human sexuality.

14.30 – 18.15 PM

Myths and facts about love

Debates in groups about what is truth and lie in according to relationship (What is true love). Participants did not agree with some views about myths and they prefer romantic attitudes rather than seeing the phenomenon of relationships in a broad sense.

Self-respect and self-confidence

How they help to create a healthy relationship.

Activity: Butterfly and cockroach. We should be butterflies and we should teach our children to self-respect.

Activity: Persuading partners for sex. Questionnaire

Playing roles – in pairs: Why the girls are persuaded.

Basics of first aid

Lost consciousness, lost breath, heart failure.

Where to phone, how to communicate when we need Emergency services.

Practising communicative skills in pairs.

Instructors and nurses who are HFW: Daniela, Marienka, Maťa, Zuzka.

18.30 PM

End of second day of training

3. day: 14. January 2006

9.30 AM – 13.15 PM

Activity: Puppets on roof – how we feel today, how we are prepared for today's training. Cycle of views and feelings.

Activity: What we remember from the previous two days.

Activity: Funny erotic song. Milá moja daj mi pusu...

Expectation from partner (What partner do I want)

- a) I'm 15 years old
- b) I'm getting married

Work in groups. Presentation of all groups. Experiences from different age groups are very different.

Six steps from dating to having sex.

Work in five groups. They should think what is an ideal relationship and what is the reality in the Roma settlements. Differences in what we are trying to reach in relationships and the real life of young Roma are huge.

Comments: What is intimacy? How is "to be intimate to somebody"? Love is not sex and the other way around. Text from manual. Debate about love in small groups.

Basics of first aid

What to do in case of:

- Fractures
- Shock
- Burns
- Epilepsy
- How to put person to a stabilised position
- Bleeding

13.30 PM

Lunch

14.45 – 18.15 PM

Risk partners

- addicts
- older girlfriend more than 10 years
- older boyfriend more than 10 years
- aggressive and abusive partner
- long distance relationship
- different religion
- big social gap between partners
- Other: (according to HFW)
 - Jealous partner
 - Nationality
 - Education level
 - Mother's favourite
 - Miser
 - Illnesses in his or her family.

- Bossy partner
- Tyrant

Man's body and its sexual biology and sex organs

Woman's body and its sexual biology and sex organs

Language of sexual education – Part 2

Working in three groups. Filling up and drawing up names for different body parts of man's and woman's body on flipchart. What terms to use to describe sex and sexual intercourse.

Every participant received dictionary where these words are described. They learned what is what and how to use it.

What will be in manuals?

Information about continuing work and what is going to be a part of these manuals.

Basics of first aid

Continuing presentation of nurses (prepared ahead in a very good way).

What to do in case:

- Child has a fever
- Old person has a fever
- Stomach ache and spasm
- Asthmatic attack
- Early birth delivery

Poetry and singing before saying good bye :

Anthem of love (HFW Janka brought it)

Roma's anthem – everyone participate

Thanks to project team, instructors and participants.

F. APENDIX NO. 2 - EVALUATING QUESTIONNAIRES

Copies of these questionnaires in printed form filled in by HFW are attached to this report in Slovak version.